

**CITATION FOR TOWNSHIP OF SOUTH FRONTENAC
VOLUNTEER OF THE YEAR
PORTLAND DISTRICT 2005**

The North Frontenac Minor Hockey Association and Central Frontenac Soccer Association would like to nominate Brad Heyman for the 2006 Volunteer Recognition Award.

Brad has volunteered in youth hockey and soccer in the capacity of coach and on the Executive of both Associations. Year round he can be found either at the Arena or the soccer fields in promoting these sports to enhance the quality of life for the citizens, particularly the youth of South Frontenac. Through his volunteering, our youth are participating in sports, promoting physical fitness for a healthy and active lifestyle. They also benefit through sport develop skills, sportsmanship, and respect for rules, officials and other participants.

In the mid 1980s, Brad started coaching soccer for the Central Frontenac Soccer Association including house league and competitive teams. He has been involved on the Executive of the Soccer Association and has worked consistently to increase and improve soccer participation in our community.

Since the late 1980s, Brad has coached hockey at all divisions at the North Frontenac Arena and took a Midget competitive team to the All Ontario level. He has been involved in coaching at all age divisions – from the youngest Tykes to the oldest Junior C Flyers. Expanding and promoting the Tyke developmental program has been one of his strong interests. It has been satisfying to see the skill development of our youth who had the benefit of this Tyke program.

For the past 8 years, Brad has been on the Executive of the North Frontenac Minor Hockey Association and has filled various Director positions – sometimes multiple positions when there has been a shortage of Executive Members. For the past 2 years, he has been the President of the North Frontenac Minor Hockey Association. Through his efforts and leadership, the Executive has increased to 18 members and player and coach participation has also increased.

Brad is not only a volunteer but a builder having increased participation in these sports at the player level and the number of volunteers in the Executive and coaching staff. He has a strong interest in mentoring new coaches and providing them with the skills to develop our youth. He has a passion for fair play and respect for sport and all participants.

As stated at the outset – year round, Brad can be found either at the Arena or the soccer fields volunteering on behalf and for the betterment of our community. We would like to thank him for his valuable work.

- Carol Sparling